



### GENERAL INFORMATION

#### **Frode Ommundsen**

Born 12. October 1967

Started his service 01. July 1986



### POSITIONS

- 2023 - Chief of the Norwegian Home Guard  
*Major General*
- 2018 – 2023 Deputy Commander/ Chief of staff Norwegian Army  
*Brigadier*
- 2017 – 2018 Chief of Operations Branch, Defence Staff  
*Colonel*
- 2014 - 2017 Inspector Infantry/Cavalry branches & Commandant of the Maneuver School,  
Norwegian Army Land Warfare Center  
*Colonel*
- 2012 - 2014 Faculty advisor, USMC Command and Staff College  
*Lieutenant Colonel*
- 2010 - 2011 Senior Staff Officer, Situation Center, Defence Staff  
*Lieutenant Colonel*
- 2009 - 2010 Commander NOR KDK OMLT III, ISAF, Afghanistan  
*Lieutenant Colonel*
- 2007 - 2009 Commander Armour battalion, Brigade North  
*Lieutenant Colonel*
- 2006 - 2007 Staff officer, TRADOC – former Army Land Warfare Center  
*Major*
- 2003 - 2004 Company Commander, TMTF I, KMNB, ISAF, Afghanistan  
*Major*
- 2001 - 2002 Fellowship/ Instructor, Army Military Academy  
*Captain*
- 2000 – 2001 Company Commander, NORBN III, KFOR, Kosovo  
*Major (temporary)*
- 1999 – 2000 Squadron Commander, Armour battalion, 6th Division  
*Captain*
- 1996 – 1997 Squadron 2iC, Armour battalion, 6th Division.  
*Lieutenant*
- 1995 – 1996 Platoon Commander, NORDPOL Brigade, IFOR, and Norwegian Logistics battalion, UNPROFOR, Bosnia  
*Captain (temporary)*
- 1991 - 1995 Platoon Commander and admin officer, Armour battalion, Brigade North  
*Lieutenant*
- 1988 - 1989 Platoon Commander, Armour battalion, Brigade North.  
*2. Lieutenant*
- 1987 - 1988 Squad leader / Platoon 2iC, Armour battalion, Brigade North.  
*Sergeant*

## MILITARY EDUCATION

2020	Royal College of Defence Studies (RCDS)
2016	Senior Course 128, NATO Defence College, Rome, Italy
2011 - 2012	USMC School of Advanced Warfighting (SAW), Master in Operational Studies, Quantico Virginia,
2004 - 2006	National Defence University, Stockholm, Sweden
1997 - 1999	Advanced Course, specializing in tactics and operations, Military Academy, Oslo, Norway
1989 - 1991	Military Academy, Kristiansand, Norway
1986 - 1987	Cavalry Officer Candidate School, Trandum, Norway

## DECORATIONS

2016	The Norwegian Defence Service Medal with star
2023	Norwegian Army Medal of Merit
2004	Defence Medal International Operations – one star
2012	Defence Operations Medal – Afghanistan
2006	National Army Service Medal with three stars
1999	UNs Protection Force UNPROFOR medal
2005	NATO Medal for Service in NATO Operations Related to the Former Yugoslavia
2001	NATO Medal Non-Article 5 - all Balkans Operations
2004	NATO Medal Non-Article 5 – Afghanistan
2017	Meritorious Service Medal (USA)
2010	The State of Georgia Commendation Medal (USA)

## BIO

General Major Frode Ommundsen lives in Oslo and is married to Ingvild. They have three children. Interest are sports, travelling, and outdoor life.